#### REVIEW ARTICLE Open Access

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# Endoscopic ear surgery: then and now, review article

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#### **Abstract**

**Objective:** Endoscopic ear surgery (EES) is a growing and well-recognized field in the modern era. EES had a stepwise journey of development. This journey is pretty comparable to the endoscopic sinus surgery development.

**Methods:** Online literature search was performed to give a concise review on the development and recent applications of EES and in addition to clarify the reported advantages and disadvantages of EES.

**Results:** EES has a more recent application than ESS that started decades after endoscopic sinus surgery (ESS). The use of endoscope in ear surgery gives a wide-angled detailed view of the middle ear structures. It gives the ability to look around the corners offering less disease persistence than the microscopic approaches. EES is useful in cases of narrow and angled external auditory canal as it bypasses the narrowest segment of EAC. However, it lacks the 3D perception and enables one hand surgery which could be difficult to manage bleeding. Applications of EES extended from tympanoplasty, stapedotomy, cholesteatoma surgery, and middle ear ventilation in chronic inflammatory conditions to the neurotologic applications in lateral skull base surgery.

**Conclusion:** EES is an extremely growing field with many applications in otology and neurotology. The advantages of endoscopic applications outweigh the disadvantages. It has a stepwise learning curve and offer better teaching ability.

Keywords: Endoscopic, Ear surgery, Sinus surgery, Skull base, Cholesteatoma, Tympanoplasty, Stapes, Facial nerve

#### Introduction

It is evident that endoscopic sinus surgery (ESS) became the standard and the most accepted for nose and sinus surgery worldwide [1]. ESS had a stepwise progress since its early start till developing now to the most advanced transnasal advanced skull base surgery [2]. However, endoscopic ear surgery (EES) had a more later start as it started decades after ESS [3]. It was hard for the endoscope in the start to join ear surgery due to the presence of microscope which is the workhorse of ear surgery [4]. Getting the endoscopic advantages of a wide-angled view and the ability to look around the corners forced the advancement in EES [5].

The aim of this review is to present a short history of the start of both ESS and EES and how we reached now in EES. In addition, the authors try to explain the importance of engaging EES in otology and neurotology different pathologies through deep literature review.

#### Methods

PubMed and Google were searched using the keywords of endoscopy, endoscopic ear surgery, endoscopic sinus surgery, and transcanal to identify the literature required for review

#### **Endoscopic sinus surgery history**

The word "endoscopy" was first reported by Desormeaux who was a urologist from Paris [6]. The story of endoscopic sinus surgery started when Hirschmann used a modified cystoscope to inspect the maxillary sinus in 1901. Following that, various ENT surgeons started to

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develop the inferior antrostomy to approach the maxillary sinus antrum through the inferior meatus [1]. However, this technique was not widely accepted for long period of time [6]. Messerklinger revitalized endoscopy and applied it to rhinological and sinus surgery [6]. After that, David Kennedy, Heinz Stammberger, and Wolfgang Draf popularized the modern ESS and they modified the endoscopic approaches for maxillary, sphenoid, and frontal sinuses [6]. David kennedy introduced the term functional endoscopic sinus surgery (FESS) with the idea of eradication of the disease and ventilation of the sinuses through their natural openings [2]. Following that, the endoscope was introduced in the field of endoscopic pituitary surgery and endoscopic skull base surgery introducing the concept of extended endoscopic skull base surgery [7, 8]. More recently, Kassam and Carrau have worked on more extended skull base endoscopic procedures [8].

The journey of ESS have passed by many steps starting by using the endoscope for examination of the nasal cavity and sinuses, followed by utilizing the endoscope in endoscopic assisted open procedures then going to exclusive endoscopic endonasal procedures to treat sinus problems and developing the concept of FESS [9]. The advancement of the techniques grew faster and pushed the work in the field of extended and advanced endoscopic sinus surgery treating many pathologies in the pterygopalatine, infratemporal fossa, and lacrimal system [10–13]. The more development forced the engagement of the endoscope in neurosurgical procedures starting by transsphenoidal pituitary surgery followed by reconstruction of skull base defects and then the extended endoscopic skull base procedures treating pathologies all the way backward from the posterior wall of frontal sinus till the clivus and even the atlanto axial joint [14]. The endoscopic endonasal techniques showed great versatility and the development went stepwise [9]. The important notification is that by the more advancement in the ESS and the more widespread use of the technique, the performance of open procedures went much lower down and even some open procedures were abandoned especially by the newer generations [9].

#### **Endoscopic ear surgery history**

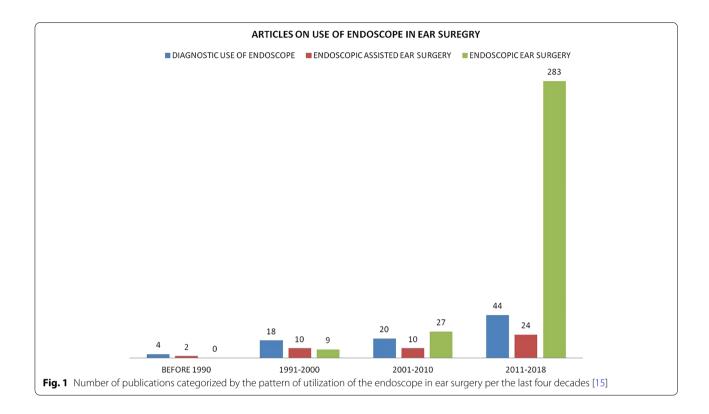
The endoscopic ear surgery (EES) journey started much later than the ESS [15]. The early reports started may be in 1992 and later on when Muaaz Tarabichi started talking about the role of endoscope in ear surgery and he published about that in 1997 [5, 16]. Before that, there was a report on probability of endoscopic myringoplasty by El Guindy in Egypt in 1992 [16]. The use of endoscope in ear surgery was somewhat strange in this era and the thinking to combine it with the workhorse of

ear surgery which is the microscope was unaccepted by the great and well-known otologists at the time [5]. With time and more popularity of the endoscopic application in ear surgery few reports started to appear from Egypt like Badr-El-Dine study and Abdel Baki study in 2002 [17, 18]. Following that, Ayache in 2007 proposed "the creation of an international Society of otoendoscopy" (later to be renamed the International Working Group on Endoscopic Ear Surgery [IWGEES]) to collaborate for development of the technique. The founding members included Muaaz Tarabichi (UAE), Daniele Marchioni (Italy), Livio Pre-sutti (Italy), Dave Pothier (Canada), Mohamed Badrel-dine (Egypt), and Seiji Kakehata (Japan) [5]. Following that rapid progress started to appear in the field of EES. Kapadiya and Tarabichi published a nice article demonstrating the number of publications in EES in the last four decades and they showed by diagram how much there was an incredible increase in publications in this field in the last decade compared to the previous decades (Fig. 1) [15]. In this review, we are going to show the value of EES in the management of different ear pathology.

Cohen et al. presented a classification of the engagement of endoscope in otology and they classified that into three waves [19]. The first wave (Cohen class 1) was the diagnostic and documentation aspect of the endoscope like Poe and Bottrill work on use of the transtympanic endoscopy for the confirmation of perilymphatic fistula and the identification of other middle ear pathologic conditions [20]. The second wave (Cohen class 2) involved the use of the endoscope to assist in removal of disease, as an adjunct to the microscope like what Ayache et al. performed in the management of cholesteatoma [21]. The third wave (Cohen class 3) involved the transcanal endoscopic ear surgery (TEES) with the use of endoscope as the main workhorse for ear surgery that now had many applications in the field of otology and neurotology [4]. In the following paragraphs, we are going to present some of the main applications for TEES and how it has developed till being implicated in more advanced work.

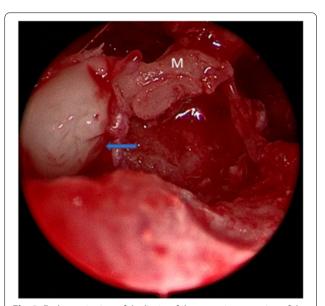
#### EES in cholesteatoma surgery

The starting idea of engaging endoscope in ear surgery was in the management of cholesteatoma [5]. Acquired cholesteatoma usually starts by retraction of the tympanic membrane forming a sac that advances into the tympanic cavity, sinus tympani, the attic, and sometimes the hypotympanum and protympanum [5]. In advanced cases, the sac advances more posteriorly in the mastoid. Therefore, the most logical approach is to clear the origin which is the tympanic cavity through a transcanal approach and following the disease process posteriorly through transmastoid approach if needed [15]. However, the most practiced approach for cholesteatoma was the



microscopic transmastoid approach [15]. Most surgical failures associated with the postauricular approach seem to occur within the tympanic cavity and its difficult-to-reach extensions rather than in the mastoid [22]. The view during microscopic surgery is defined and limited by the narrowest segment of the ear canal [22]. This basic limitation has forced surgeons to create a parallel port through the mastoid to gain access to the attic, the facial recess, and the hypotympanum [23]. In contrast, transcanal endoscopic approach (TEA) bypasses the narrow segment of the ear canal and provides a wide view that enables surgeons to look "around the corner." Even with a zero-degree endoscope, the surgeon can look well at the posterior and anterior spaces in the middle ear and clear the disease [23] (Fig. 2).

One of the main difficulties of cholesteatoma surgery is insurance of total excision of the disease which is not easy with microscopic surgery [21]. Badr-el-Dine in 2002 reported an incidence of about 23% intraoperative residual of cholesteatoma when looking by the endoscope after completion of the microscopic work [17]. He reported that sinus tympani was the most common site of residual regardless the procedure type either with intact canal wall or with canal wall down mastoidectomy [17]. He early reported on the importance of incorporation of the endoscope in the surgical work for cholesteatoma and proposed that this would much decrease the



**Fig. 2** Endoscopic view of the limits of the posterior extension of the cholesteatoma sac in the posterior attic. M. head of the malleus after removal of the necrosed incus, arrow: refers to the posterior limit of cholesteatoma sac

residual cholesteatoma rate [17]. Following that many reports emphasized on the role of EES in cholesteatoma surgery [21, 22]. More recently, TEES was engaged in the

management of cases of external auditory canal (EAC) cholesteatoma even in the advanced stages [24].

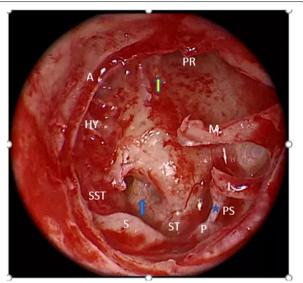
### Role of EES in endoscopic anatomy and physiology of middle ear

Understanding the importance of EES forced the progress in detailed description of endoscopic anatomy of the middle ear with studying every single compartment of the middle ear with its configurations, structures, ridges, and bridges [25]. The rationale for that is to define the disease spread in each area and how to decrease the rate of disease persistence or recurrence [26]. The retrotympanum was extensively studied endoscopically and divided into 4 spaces with the main description of the sinus tympani and facial recess. The structures in this space were described like the ponticulus and subiculum with their variations [27]. The attic also was revisited endoscopically with its two main parts the anterior and posterior epitympanic spaces with clarification of the attic diaphragm [28]. The protympanum was also described endoscopically with its two main conformations with description of the protinuculum separating it from the hypotympanum [29]. The round window area was extensively studied with description of the clinical importance of the fustis and finiculus conformations [30]. The hypotympanum also was studied with classification of the jugular bulb height in the middle ear [31]. The knowledge of detailed endoscopic anatomy of these spaces is important for EES [32]. In addition, the presence of the bony crests, bridges, and sinuses in the middle ear affect greatly the disease spread and the surgical procedures [33] (Fig. 3).

Another important issue in the chronic ear surgery is the physiological routes of ventilation of the middle ear spaces [5]. Marchioni et al. have published in 2013 on this essential issue [34]. Microscopic access through the mastoid is focused on the most posterior part of the air cell system, and therefore, the most downstream in terms of ventilation [5]. The upstream parts of the ventilation system, the Eustachian tube isthmus, protympanum, anterior mesotympanum, and the tympanic isthmus are barely visualized with the posterior, mastoid-based, and microscopic approach [5]. Failures in chronic ear surgery have been shown to correlate to persistent ventilation failure and Eustachian tube dysfunction [35]. However, TEA allows easy visualization of the main anterior ventilation routes with the improved ability of their management [5].

#### **Endoscopic tympanoplasty**

Tympanoplasty is a commonly used procedure for the treatment of chronic otitis media, and it involves eradication of the disease in the middle ear, repair of the

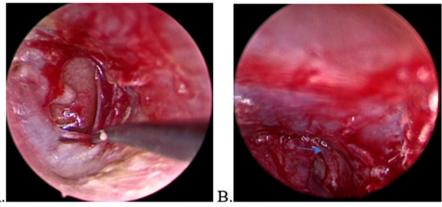


**Fig. 3** The middle ear cavity by 0° endoscope: m. malleus, I incus, star: stapedius tendon attached to stapes head, P pyramidal eminence with the ponticulus originating from it, S: styloid eminence, the blue arrow refers to oblique fustis with subcochlear canaliculus below, ST sinus tympani, and SST sinus subtympanicus. The yellow arrow: the protinaculum. AG annular groove, HY hypotympanum, and PR protympanum. We can consider 2 spaces lateral to P, S (facial recess and lateral sinus) and 3 spaces medial (posterior sinus, sinus tympani, and sinus subtympanicus)

perforated tympanic membrane, and restoration of hearing [36]. Endaural, transcanal, and postauricular microscopic approaches are the main for these procedures [37]. However, more soft tissue dissection is needed in the postauricular and endaural approaches. The microscopic transcanal approach is limited by the narrowest segment of the canal and the view is usually limited [38]. Transcanal endoscopic approach for tympanoplasty is getting more popularized due to being a more minimally invasive surgery [39]. It provides wide angled view of the spaces in the middle ear, ossicles, and ventilation routes with limited soft tissue dissection [40]. Recent studies showed comparable results to the microscopic-based procedures [39] (Fig. 4).

#### **Endoscopic stapedotomy and ossiculoplasty**

Transcanal stapes surgery for otosclerosis has been a gold standard procedure for patients with otosclerosis [41]. Operating microscope is the most commonly used tool for this elegant procedure till now [41]. The microscope provides a detailed magnified view with good depth perception and with the ability to work with both hands which provides more stability [42]. However, the microscopic view is limited by the narrowest part of the EAC and it gives limited view to the axis of the microscope



**Fig. 4** A Endoscopic trimming of the edge of tympanic membrane perforation. **B** Good endoscopic view of the anterior edge of the perforation with the ability to adjust the graft in underlay fashion to the anterior edge in narrow EAC. Arrow refers to the anterior edge of the perforation with the endoscopic ability to accommodate the graft in underlay fashion

[43]. In addition, in narrow and tortuous EAC, the use of microscope could be difficult and limited [43]. However, due to the wide angled view of the endoscope, endoscopic stapedotomy has been proposed in the past 2 decades with many reported advantages [44]. The main advantages are lesser bone removal, chorda tympani handling, better visibility of the footplate area, and lesser operating time [45] (Fig. 5). In addition, the use of endoscope gives better teaching experience for the new generations [44].

The application of the endoscope in ossicular chain reconstruction is a recent issue [40]. Recent studies have demonstrated the comparable audiometric outcomes of endoscopic ossicular chain reconstruction (OCR) to the traditional microscopic procedures [46]. The increased visualization, wide surgical field provided by the endoscope and the ability to look around the corners provide values and comfort for the surgeon during reconstruction [47]. Excellent visualization of middle ear structures and recesses, mainly the oval window niche, stapes anterior crus and its suprastructure is an important factor for

precision during ossiculoplasty, and this can be achieved better by the endoscopic view [47] (Fig. 6). However, the main disadvantages of endoscopic OCR are the single-handed surgery and the long surgical learning curve which are not hindering drawbacks [47].

#### **EES in neurotology**

The progress in the field enabled the EAC to be a natural corridor for endoscopic surgery of various diseases of the middle ear till the internal auditory canal (IAC) [26]. This development recently proposed the transcanal endoscopic facial nerve surgery for the treatment of facial nerve diseases located on its tympanic segment and geniculate ganglion (GG) [48]. The clinical role of TEA in management of cases with posttraumatic facial nerve paralysis has been clinically published in the past few years [49, 50]. This approach offered the most direct and least invasive approach for the most commonly affected nerve segments by the trauma and spared the normal

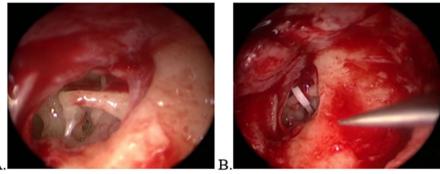


Fig. 5 A Endoscopic view of the stapedotomy in the oval window (reverse fish technique). B Endoscopic view of the prothesis in place with presence of tortuous EAC

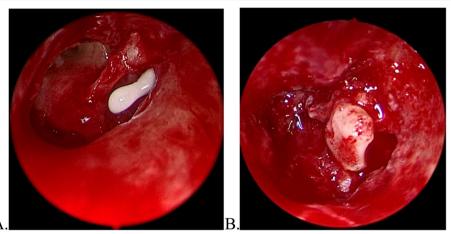


Fig. 6 A Endoscopic reconstruction of the long process of incus with bone cement. B Endoscopic incus interposition graft ossiculoplasty

mastoid tissue with avoidance of the external incision [50] (Fig. 7).

The further progress of the EES allowed the EAC to be a natural way to inner ear lesions and to the internal auditory canal (IAC) [51]. Reports were published on the endoscopic transcanal transpromontorial approach in cases of acoustic neuroma localized to IAC or with minimal extension beyond [51]. There is now much interest in this approach with more published articles in this issue [52, 53]. This transcanal approach can be less invasive than the already documented approaches like the retrosigmoid, translabyrinthine, and middle cranial fossa approaches [51]. In addition, the wide-angled view enabled good visualization of the boundaries and optimum dissection of the tumor from the nerves with good rate of facial nerve function preservation postoperatively [51].

#### Advantages and disadvantages

The arguments for and against the endoscope have been diverse [3]. However, this conflict is rising more

in the way of progress of EES than ESS that has been greatly established in relation to the open procedures [3]. The conflict for the involvement of TEES was much in the early start of the application [5]. More recently, being accepted as a more direct and less invasive tool, this conflict decreased a bit [54]. TEES gives a better alignment of surgical access with underlying anatomy, disease process, and ventilation [15]. The superior visualization capabilities with wide-angled view and the ability to look around corners provided by the endoscope give more control over the disease process and increase the protection of the important structures [5]. However, EES has certain disadvantages like singlehanded work which can add some difficulty to control bleeding [3]. Some reports on possible thermal damage to the middle ear structures as the light is emitted from the tip of the endoscope are also controversial [3]. The stepwise learning curve is another issue as it takes some time to accustom to holding the endoscope by one hand and working with the other hand [35].

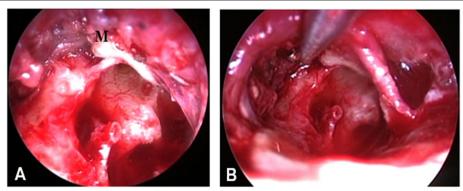


Fig. 7 A Endoscopic view of the right ear after incus removal and nibbling of malleus head showing bone fragment and hematoma compressing the GG, M. refers to the malleus. B Decompression of the GG [50]

However, having the skills of ESS which is more popular and more widespread facilitate the learning curve for all ENT surgeons [3].

Microscopes are important for otological surgeries as they provide excellent lighting with depth perception with binocular vision and the ability to perform two handed surgeries [41]. However, the microscopic view is restricted to the area where the light goes and by the narrowest segment of the EAC [44]. Therefore, in cases of narrow and tortuous canals, more soft tissue cutting and dissection is needed [44]. In addition, more bone drilling like canaloplasty, atticotomy, and mastoidectomy sometimes may be needed apart from required ossicles removal in some cases [43]. On the other hand, the endoscope bypasses the narrowest segment of the EAC and manage the narrow canals without need for much tissue dissection [44]. However, the authors argue that there is no contrary or conflict between endoscope and microscope, but they are complementary tools to perform the required job. It is essential to have a standby microscope in the operative room on performing TEES and vice versa.

#### Conclusion

EES had a more recent and stepwise evolution than ESS. The journey started from developing endoscopic assisted ear surgery till reaching to exclusive TEES. The applications of TEES have increased over the years having the EAC as a natural corridor for many middle and inner ear pathologies. The stepwise learning curve is important for precision of the techniques.

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#### Authors' contributions

WM: Conception and design of the study, collecting of data and sharing in writing the article. ME: Collecting of data and sharing in writing the article. The authors read and approved the final manuscript.

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#### Availability of data and materials

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#### **Declarations**

#### Ethics approval and consent to participate

Not applicable.

#### Consent for publication

Not applicable.

#### Competing interests

The authors declare that they have no competing interests.

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